

# EMDR THERAPY TRAINING CERTIFICATE OF COMPLETION

The Institute for Creative Mindfulness  
acknowledges that:

Antonio D'Costa

Successfully completed 20 hours of lecture, 20 hours of practicum,  
and 10 hours of consultation as required by the EMDR International  
Association (EMDRIA). The Institute for Creative Mindfulness is an  
EMDRIA-Approved Credit Provider. The provider maintains  
responsibility for the training.



THE INSTITUTE FOR  
**CREATIVE**  
MINDFULNESS

**05/01/2026**

Date of Completion

A handwritten signature in black ink that reads "Jamie Marich, Ph.D." with a horizontal line underneath.

Jamie Marich, Ph.D.  
Founder & Director